## MIDWIFE SONOGRAPHY PRACTICAL EXAMINATION FIRST TRIMESTER: 10 Weeks 0 Days - 12 Weeks 6 Days

**TRANSABDOMINAL** 



Candidate First and Last Name:
ARDMS Number (if applicable):
Date of Examination:
Location of Examination:
Evaluator First and Last Name:
Evaluator ARDMS or APCA Number (if applicable):
Medical License Number (if applicable):

**IMPORTANT:** Please review all the instructions on **Page 2** prior to submitting this form. Please note that once signed and submitted, this form will be used toward your Midwife Sonography Practical Examination requirement. **The information below must be completed by the Evaluating Sonographer/Reporting Physician.** 

	nester: 10 Weeks 0 Days - 12 Weeks 6 Days dominal	Check the box per completion
1.	Verify patient with two identifiers (For example: full name, DOB). Place last menstrual period (LMP) or estimated date	
	of confinement (EDC) in calculation package, if available, to obtain percentile measurement.	
2.	Describe procedure and provide explanation for exam.	
3.	Select appropriate transducer and presets (to include mechanical index (MI)/ thermal index (TI)) for the gestation.	
4.	Scanning:	
	Demonstrate how to obtain longitudinal and transverse planes.	
	<ul> <li>Demonstrate how to correctly orient the probe by locating indicator on the probe and demonstrating proper rotation of the probe.</li> </ul>	
	c. Demonstrate correct image optimization including depth, and gain.	
5.	Through a full bladder, scan the uterus:	
	<ul> <li>a. In the longitudinal plane, elongate the uterus to visualize the cervix to the fundus.</li> </ul>	
	b. Sweep right the left in the longitudinal plane.	
	c. Rotate into the transverse plane.	
	d. Sweep from the cervix to the fundus to evaluate for multiple gestations.	
6.	Evaluate the position of the gestational sac:	
	Identify location of the gestational sac (mid to upper uterus).	
	b. Measure the crown rump length of embryo.	
	c. Obtain a heartrate with M-Mode (pulsed Doppler should NOT be used).	
7.	Evaluate the anterior and posterior cul-de-sac for fluid:	
	Between the uterus and the bladder.	
	b. Between the uterus and the rectum.	
8.	Right adnexal evaluation:	
	a. In the transverse plane, scan towards the fundus of the uterus.	
	b. Locate the right broad ligament.	
	c. Move the probe slightly to the left then angle through the bladder to visualize the right ovary.	
	d. Scan through the right ovary in the transverse plane (anterior to posterior).	
	e. Turn the probe longitudinally.	
	f. Scan through the right ovary in the longitudinal plane (lateral to medial).	
	g. Turn the probe transverse.	
9.	Probe Removal and Cleaning:	
	a. Remove probe.	
	b. Remove probe cover in the exam room and dispose.	
	c. Wipe the probe with a clean towel in the exam room to remove any excess gel.	
	<ul> <li>d. The endovaginal probe should be taken to a dirty utility room for high level disinfection, according to your facility guidelines.</li> </ul>	
	e. Once clean, the probe can be stored in the clean utility room or on the ultrasound machine. The probe should be draped with a clean approved cover.	

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Evaluating Sonographer/Reporting Physician Verification States	nent:	
My signature verifies that I am an Evaluating Sonographer, and of	currently certified by ARDM	S in the OB/GYN Specialty or that I am a licensed Reportin
Physician practicing in the field of Obstetrics and Gynecology or	Maternal Fetal Medicine.	I, (insert name of evaluator)
certify that I have directly observed (insert name of candidate)		successfully demonstrate the minimum core
clinical skills as listed on this Form.		
I understand that submitting false documentation to ARDMS is to revocation of my certification and eligibility for registration in have read this form in its entirety and completed it truthfully.		,
Signature of Evaluating Sonographer/Reporting Physician:		
Full Name of Evaluating Sonographer/Reporting Physician:		
Phone number:	Email Address:	(Please print)

## INSTRUCTIONS FOR COMPLETING THE FIRST PAGE OF THE PRACTICAL EXAMINATION FORM:

Prior to submitting this form, the Candidate is required to have passed the Midwife Sonography Written Examination within the preceding two years. The Candidate may begin acquiring this practical experience before passing the computer-based examination. The Candidate may begin acquiring this practical experience before passing the computer-based examination. This experience can be completed up to 2 years before passing the written examination and/or up to 2 years after passing the examination. To complete the Practical Examination, the Candidate must upload all required, completed assessment forms (8) for review within two-years of passing the written examination. All fields on each form must be completed to be accepted. The required cases and forms can be found at ARDMS.org/MW under the "Apply" tab. All eight forms should be uploaded as completed to the applicant's MY ARDMS account in order to complete the Practical Examination. **Note:** Forms do not need to be uploaded at the same time.

A report displaying biometry measurements, average ultrasound age and percentile will need to be submitted along with this form. The candidate can obtain the report from the ultrasound machine the candidate is scanning on.

Demonstration of minimum core clinical skills means that the evaluator directly observed the Candidate perform the minimum core clinical skills independently and effectively that are listed on page one of this form. For purposes of satisfying the Practical Examination requirements, three of the eight required forms can verify scanning using a simulator, while the other five are required to verify scanning on live patients under direct supervision of the Evaluating Sonographer\* or Reporting Physician\*\*.

ARDMS conducts random audits of submitted information. Individuals who are audited may be required to submit additional documentation to further substantiate the original submission.

- \*Evaluating Sonographer must be:
  - An Active status with ARDMS
  - Certified RDMS (OB/GYN)
- \*\*Reporting Physician must be:
  - A licensed physician
  - Trained to interpret Obstetrics and Gynecology or Maternal Fetal Medicine ultrasound studies
  - A physician who has directly observed the Candidate demonstrate the minimum core clinical skills listed on this form

**Note:** This form cannot be signed by a relative of the Candidate.

**Note:** Any incomplete Practical examination submissions will not be accepted and candidates will be charged a processing fee (\$25) for resubmitting the required eight forms, if the initial submission was incomplete.