

Registry Reports

A Newsletter for the ARDMS Sonography Community



ARDMS®

SPRING 2021

Does Your CME Period end on December 31, 2020?



In March 2021, ARDMS began the CME Audit process for Registrants who have their three-year CME period ending in December 31, 2020. Please visit [ARDMS.org/CMEAudit](https://www.ardms.org/CMEAudit) for more information.

Your Resume. Your Story.

What's your favorite story?
Why is it your favorite?
How does that story make you feel?

We challenge you to consider these questions as you approach writing your resume because your resume IS your story. It is a written account of your educational and professional qualifications and experiences that you are sharing with the world. Your job is to ensure that the readers of your resume feel it is a New York Times best seller kind of story. One that gets their attention and stays with them!

The Characteristics of Your Resume

So, how do you craft a resume that stands out and leaves a mark?

1. Your story should be focused. Select the focal point you want the reader to concentrate on: your qualifications and capabilities. It should be easy for the reader to zero in on this information. Irrelevant content will make it appear as if your story has blanks or white spaces; you're trying to fill in.
2. It should be organized. Every story has a beginning, a middle and an ending. The information and details presented must be done so in an orderly fashion. Your resume then becomes easy to read and ensures that critical information is not overlooked. Consider the following:
 - Objective statement
 - Summary of education and clinical training
 - Employment or unpaid work experience

- Competencies and capabilities
- Memberships in sonography or other Allied Health associations
- Credentials and licenses

All great stories begin with an introduction which would be the objective statement on your resume. An introduction provides an overview of where a story is taking the reader, as does the objective statement. It clearly states what you want in terms of a position and provides a quick summary of your end goal.

3. Know your readers. Great storytellers know that they must adjust their story depending on who is listening. You want to customize your resume to target the specific job position you are applying for. Experienced reviewers can easily spot a single one-size-fits-all resume.

You Are Building Your Resume Before Graduation – Now Write It

Stories form before they are written. Likewise with your resume. Resume building is happening now, every day. Activities include:

- Volunteer work at health care facilities or community health events
- Professional association memberships and becoming an active participant who networks, sits on committees, or helps with special events
- Development of skills and competencies by wisely choosing experiences that strengthen weaknesses and show initiative
- Personal activities that show creativity, problem-solving abilities and varied interests

Make Your Resume Your Own

Storytelling is an art form. The final product should be stylish, appealing, informative and unforgettable.

If you are a sonography student who recently graduated, you may believe there is little information to put on a resume due to lack of work experience. This perception is far from the truth! Your story should include items that have gotten you to this point. Be sure to showcase your relevant skills, abilities and talents.

For seasoned sonographers, your objective statement should be geared more towards your experience. Craft a summary of your qualifications that provides an overview of your various positions, credentials and successes. Remember, a great introduction is key to keeping your reader engaged.

Whether you are just beginning your career or it is in full swing, your resume is your story to tell. Be proud of your accomplishments and don't be afraid to share them!

ARDMS Examinations Now Available Online!



You can now take the SPI, FE, PS, PE and



In 2021, Inteleos is planning to provide more webinars regarding mental health/self-care topics. We want to hear what topics on mental

MSKS examinations online from the comfort of your own home. [Learn more!](#)

health/self-care would you find helpful? Please send your topics to communications.ardms@inteleos.org!

Inteleos/APA Webinar Series:

In 2020, Inteleos partnered with the [American Psychological Association](#) (APA) to provide a webinar series regarding mental health topics to help healthcare professionals experiencing high stress levels during this COVID-19 pandemic. This three-part mental health webinar series is available to view on-demand on our [Mental Health Resources](#) page to aid healthcare professionals combat with the high stress due to the COVID-19 pandemic.

Each webinar is eligible for one free American Medical Association (AMA) PRA Category 1 CME Credit™ upon completing the CME survey information at the end of the recording:

[Effective Leadership & Self-Care Strategies in the Time of COVID-19](#) – Recorded Webinar

1 complimentary AMA PRA Category 1 CME Credit™

[Battling Burnout in the COVID-19 Era](#) – Recorded Webinar

1 complimentary AMA PRA Category 1 CME Credit™

[Fostering Resiliency Through and Beyond COVID-19](#) – Recorded Webinar

1 complimentary AMA PRA Category 1 CME Credit™



2021 Solution Hack-a-Thon Challenge - UPDATE Winning Team Selected!

For many sonographers, physicians, and other medical professionals performing ultrasound scans, pain is a daily reality. Work-related musculoskeletal disorders (WRMSD) limit their ability to live productive lives and care for their patients. In Fall 2020, we reached out to students currently enrolled in a higher education setting to help make the lives and careers of diagnostic medical sonography professionals safer, pain-free and more fulfilling.

The *WRMSD Grand Challenge Virtual Solution Hack-a-thon* took place from December 2020 to February 2021 and consisted of four student teams comprised of students from multiple educational disciplines that competed in presenting a solution to eliminate WRMSDs once and for all.

To view the winning presentation along with the three honorable mentions, please visit: [ARDMS.org/WRMSD-Grand-Challenge](https://www.ardms.org/WRMSD-Grand-Challenge).

We Want Your Input for Future Registry Reports!



Have an article or topic that you would like us to cover in an upcoming Registry Reports?

Send an email to communications.ardms@inteleos.org and tell us what you want to hear about today!



Looking for a Job in Ultrasound?
Here are two featured open positions:

[Ultrasound Supervisor - Duke Regional Hospital \(Durham, North Carolina\)](#)
[OB/GYN Sonographer \(Cheyenne, Wyoming\)](#)

To view more, visit [**UltrasoundJOBS by ARDMS**](#) and search sonography-specific positions in your area. **Create an account**, upload your resume, browse the Career Learning Center and build custom job alerts to fit your needs.

Hiring? Post a Job!

[**UltrasoundJOBS by ARDMS**](#) will help you find the right professional by delivering enhanced features including a Feature Jobs option and Ultrasound SmartBrief Add-on. **Create an account today!**

Volunteer with ARDMS/APCA!

- Develop Exams
- Communicate about ARDMS
- Mentor Students

[Click here](#) for information on volunteering with ARDMS or [click here](#) for information on volunteering as a physician with APCA.



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**1401 Rockville Pike, Suite 600
Rockville, MD 20852
P: (800) 541-9754**

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1401 Rockville Pike, Suite 600, Rockville, MD 20852